



# Myopia Education Program

Especially targeting Optometry Students!

**23-24**  
**September**  
**2023**

**📍 Kode Venkatadri Chowdary Campus, Vijayawada**

## Day 1 – 23 September 2023, Saturday

Time	Topic	Speakers
09:00	Registration	Team MEP
09:30	Inaugural session	Soubhik Chel and Anasua Kapoor
Session: 1		
09:45 - 11:15	Myopia - Definitions and Classification Systems	Soubhik Chel
	Emmetropization to Myopiagenesis	Pavan K Verkicharla
	Risk factors and theories - the old, new and evolving	Swapnil Thakur
	Q-A session	
12:15	Myopia artwork, debates, myopia exhibition	Select Students
Lunch Break		
Session: 2		
13:30 - 15:00	Refraction in high myopic eyes – points to ponder	Lakshmi Kousalya Akkina
	Structural changes & complications in myopic eyes	Swati Panigrahi
	Identification of true axial myopes: Interpretation of A-Scan	Subhasmita Dash
	Q-A session	
Session: 3		
15:01 - 16:00	Practical tips - Spectacles dispensing in myopia - factors to consider	Srikanth Maseedupalli
	Q-A session and Panel Discussion	
17:00	Myopia Puzzle - Learning key concepts/terminology - 360° of myopia	Sruthi Chamorthy & Megha Antony
High Tea & Open Discussion		

## Day 2 – 24 September 2023, Sunday

Time	Topic	Speakers
09:00	<b>Breakfast</b>	
09:30	Recap of learnings from Day-1 – Explain better - win the medal	
Session: 4		
10:00 - 11:30	Myopia management - Choosing the appropriate strategy	Soubhik Chel
	Ortho-Keratology contact lenses for myopia control - how do these lenses counteract myopia progression?	Manish Bhagat
	Role of accommodation and binocular vision in myopia	Swapnil Thakur
	Q-A session	
Session: 5		
11:31 - 12:45	Case Presentation 1 - Myopia control with specialty spectacle lenses	Gautam Motwani
	Case Presentation 2 - Myopia control with specialty contact lenses	Sujit Shah
	Patients on low dose of atropine: how does Atropine work?	Krishna Priya K V R
	Q-A session	
Lunch Break		
Session: 6		
13:45 - 15:00	Retinal lesions in myopes - identification and plan of management	Niroj Kumar Sahoo
	Students' role in myopia research and practice - The way forward	Pavan Verkicharla
Open Discussion		
Prize distribution + Vote of thanks		
<b>End of Day 2</b> <b>1<sup>st</sup> Myopia Education Program 2023 concludes</b>		